

Name: _____

Falls Prevention

M N U T R I T I O N O F
U U P S O F L U I D I R
S G K R P R O T E I N A
C H P L A T E F O O D I
L P R E V E N T I O N L
E E S T R E N G T H M T
G W U A C T I V I T Y Y
D I E T I T I A N V N F

Find the following words in the puzzle.

Words are hidden → and ↓ .

ACTIVITY

DIETITIAN

FLUID

FOOD

FRAILTY

MUSCLE

NUTRITION

PLATE

PREVENTION

PROTEIN

STRENGTH