

Name: _____

Falls Prevention

D D A I R Y M B O W M I N E R A L F
Z Q G R O C E R I E S X G R A I N P
H E A L T H W R C F G P O Y D I C R
E G C L E W W P H K R L G H I F A E
N N I S T R E N G T H A R W E O C V
E V E G E T A B L E S T I B T O T E
R M B O N E S Z W Q T E F L I D I N
G F A L L S A F E T Y H R S T E V T
Y N U T R I T I O N N Z U E I Y I I
N W F R V I T A M I N H I Z A O T O
M U S C L E F L U I D G T R N J Y N
H O L U B P R O T E I N O U K U Y B

Find the following words in the puzzle.

Words are hidden → ↓ and ↘ .

ACTIVITY

BONES

DAIRY

DIETITIAN

ENERGY

FALLS

FLUID

FOOD

FRAILTY

FRUIT

GRAIN

GROCERIES

HEALTH

MINERAL

MUSCLE

NUTRITION

PLATE

PREVENTION

PROTEIN

SAFETY

STRENGTH

VEGETABLES

VITAMIN