



QUIZ – SKIN CANCER

Active Aging Week

- 1. In the U.S., ___ percent of non-melanoma skin cancer cases occur in those aged 60 and older.
 - a. 100
 - b. 82
 - C. 12
 - d. 50
- 2. What is Actinic Keratosis?
 - a. Intensely dry skin
 - b. Acne-like eruptions on the skin
 - c. Deep-set wrinkles
 - d. A type of potentially pre-cancerous, scaly skin
- 3. What is the estimated total cost of Actinic Keratosis and non-melanoma skin cancer in the U.S. when you take into account costs associated with quality of life for patients?
 - a. \$6 billion
 - b. \$6 trillion
 - c. \$60 million
 - d. \$60 billion
- 4. Which of the following would be best for preventing skin cancer?
 - a. Slathering on the sunscreen regularly
 - b. Showering twice per day
 - c. Avoiding scratching red, irritated skin
 - d. Eating lots of healthy fats



ľ	Nestlé Skin Health
5.	True or False: Even mild symptoms of skin cancer can get worse when exposed to the elements. a. True b. False
6.	One in every cancers diagnosed is a skin cancer. a. 4 b. 3 c. 2 d. 6
7-	[Free Response] At a minimum, how often should you get checked for skin cancer by your doctor?
8.	True or False: Physical side effects are the only type of difficult side effects associated with skin cancer treatments.

- 9. Which of these can cause mild symptoms of skin cancer to get worse?
 - a. Sunlight
 - b. Heat
 - c. Humidity
 - d. All of the above
- 10. True or False: There are more new cases of skin cancer diagnosed than breast, prostate, lung and colon cancer combined.

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